AFTER VISIT SUMMARY

PROVIDENCE Health & Services

David M. Surina DoB: 8/12/2012

11/8/2020 PROVIDENCE SACRED HEART MED CTR PEDIATRIC EMERGENCY 509-474-5690

Instructions

Given the information that David shared with me and David's physical exam findings and after consulting with a the Child Abuse Experts at Partners with Family and Children, I do not recommend David or his sibling return to mother's care until an investigation can occur into the allegations. I am discharging him into your (Father's) care. This recommendation is for David's safety. Please call your social worker, Rena Perez, tonight or tomorrow morning to see if they are able to help with this. I attempted to reach her but she was not available to discuss this recommendation. If that is not possible, please pursue an emergency protective order at family court tomorrow.

Clotrimazole cream twice a day for 7 days in groin area for yeast infection.

Albuterol 2-4 puffs every 4 hours as needed.

Your child's medications have changed

START giving your child:
clotrimazole (LOTRIMIN)

Review your child's updated medication list below.

Pick up these medications from any pharmacy with your child's printed prescription

clotrimazole

Today's Visit

You were seen by Stephanie M Bowdish, ARNP

Reason for Visit

Well Child Evaluation

Diagnoses

- Child physical abuse, suspected, initial encounter
- Yeast infection
- Mild intermittent asthma with exacerbation

Medications Given

albuterol Last given at 8:03 PM

Your Child's End of Visit Vitals

Blood Pressure
114/60

Temperature (Oral)
98.3 °F

Pulse
110

Respiration
24

Oxygen Saturation
97%

Schedule an appointment with Robert P. Maixner, MD as soon as possible for a visit in 3 days (around 11/11/2020)
Why: For reassessment and ED visit follow-up
Specialty: Pediatrics
Contact: 1919 S GRAND BLVD
Spokane WA 99203
509-747-3081

What's Next

Your child currently has no upcoming appointments scheduled.

Allergies

Allergen	Noted	Reactions
Cat Hair Extract	Jan 17, 2018	Not Noted
Dog Epithelium	Jan 17, 2018	Not Noted
Dust Mite Extract	Feb 13, 2015	Hives,Rash

Intolerance

No active intolerances/contraindications

Important Information

There may be times after you are discharged that your condition needs to be re-evaluated.
Call your doctor immediately, come to the **Emergency Department or call 911** if you experience:

- Difficulty breathing or unusual shortness of breath
- Chest pain
- Excessive bleeding or drainage at the operative site
- Persistent nausea or vomiting
- Fever, chills, and/or increased pain that is not relieved by pain medication
- You should also call anytime you feel that your condition is an emergency.

Your Child's Medication List

GIVE your child these medications

START

clotrimazole 1% cream
Commonly known as: LOTRIMIN

Apply twice daily to affected area for 7 days..

ASK your child's doctor about these medications

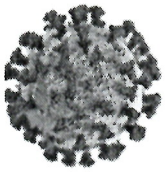
ASK

albuterol 90 mcg/puff inhaler

Inhale 2 puffs into the lungs every 6 hours as needed for Wheezing.

MyChart is an online portal that lets you communicate with your care team and access your electronic medical record. At your next visit, ask how you can sign up. It's free!

What you should know about COVID-19 to protect yourself and others

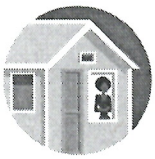


Know about COVID-19

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.

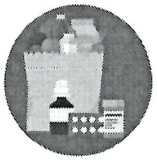
Know how COVID-19 is spread

- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.



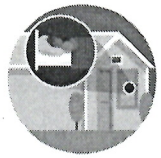
Protect yourself and others from COVID-19

- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.
- Wear a mask that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.



Practice social distancing

- Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.
- If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.
- Get deliveries and takeout, and limit in-person contact as much as possible.



Prevent the spread of COVID-19 if you are sick

- Stay home if you are sick, except to get medical care.
- Avoid public transportation, ride-sharing, or taxis.
- Separate yourself from other people and pets in your home.
- There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.
- If you need medical attention, call ahead.

Know your risk for severe illness

- Everyone is at risk of getting COVID-19.
- Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.

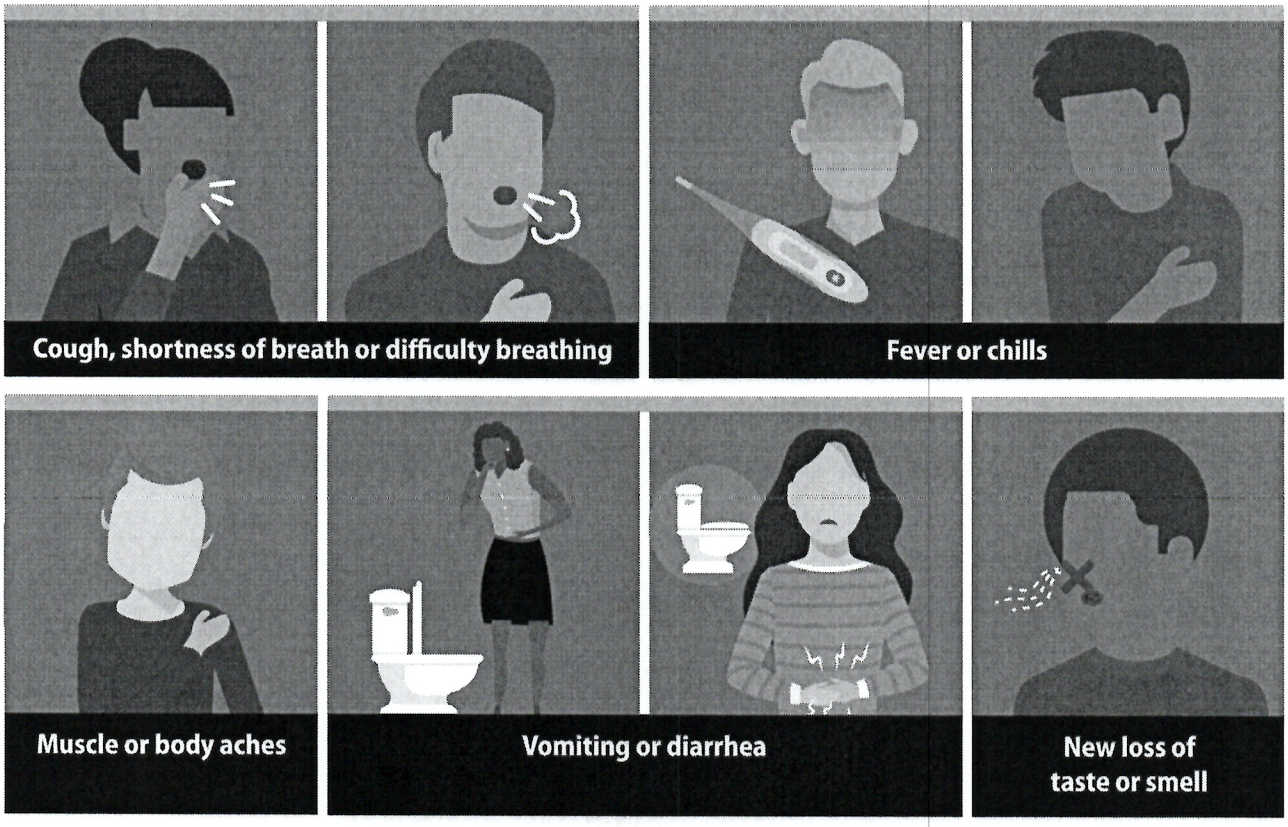
CDC

cdc.gov/coronavirus

CS 314937A 06/01/2020

Symptoms of Coronavirus (COVID-19)

Know the symptoms of COVID-19, which can include the following:



Symptoms can range from mild to severe illness, and appear 2-14 days after you are exposed to the virus that causes COVID-19.

Seek medical care immediately if someone has emergency warning signs of COVID-19.

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

This list is not all possible symptoms. Please call your healthcare provider for any other symptoms that are severe or concerning to you.

CDC

cdc.gov/coronavirus

316475-A 07/21/2020

What You Can do if You are at Higher Risk of Severe Illness from COVID-19

Are You at Higher Risk for Severe Illness?

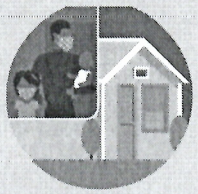
Based on what we know now, those at higher risk for severe illness from COVID-19 are:

- Older adults

People of any age with the following :

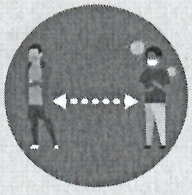
- Cancer
- Chronic kidney disease
- COPD (chronic obstructive pulmonary disease)
- Heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies
- Immunocompromised state (weakened immune system) from solid organ transplant
- Obesity (body mass index [BMI] of 30 kg/m2 or higher but < 40 kg/m2)
- Severe Obesity (BMI ≥ 40 kg/m2)
- Sickle cell disease
- Smoking
- Type 2 diabetes mellitus

Here's What You Can do to Help Protect Yourself

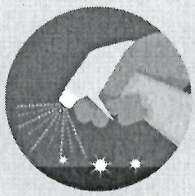


Limit contact with other people as much as possible.

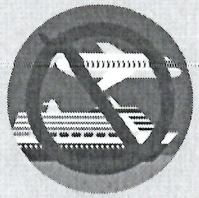
Wash your hands often.



Avoid close contact (6 feet, which is about two arm lengths) with people who are sick.



Clean and disinfect frequently touched surfaces.



Avoid all cruise travel and non-essential air travel.

Call your healthcare professional if you are sick.

For more information on steps you can take to protect yourself, see CDC's How to Protect Yourself.

CDC

cdc.gov/coronavirus

AFTER VISIT SUMMARY

PROVIDENCE Health & Services

Andrew A. Surina DoB: 6/26/2016

11/8/2020 PROVIDENCE SACRED HEART MED CTR PEDIATRIC EMERGENCY 509-474-5690

Instructions

Given reports provided during today's visit, I do not recommend Andrew return to mother's care as scheduled tomorrow for his own safety. I am discharging him into father's care. Please call your social worker at DCYF tonight, Rena Perez, to notify her of this recommendation. I tried to reach her today but did not have success. If you are not able to reach her social worker, please present to the Spokane County court house to request an emergent protective order tomorrow.

Plan to follow-up with partners and family and children as scheduled for forensic interview. To follow-up with law enforcement as directed by your social worker and law enforcement.

Have any injuries today that require medical treatment. The bruises should heal on their own.

Schedule an appointment with Robert P. Maixner, MD as soon as possible for a visit in 3 days (around 11/11/2020)
Why: For reassessment and ED visit follow-up, As needed
Specialty: Pediatrics
Contact: 1919 S GRAND BLVD
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What's Next

Your child currently has no upcoming appointments scheduled.

Today's Visit

You were seen by Stephanie M Bowdish, ARNP

Reason for Visit
Well Child Evaluation

Diagnosis
Physical child abuse, suspected, initial encounter

Your Child's End of Visit Vitals

Blood Pressure
111/63

Temperature (Temporal)
97.6 °F

Pulse
96

Respiration
24

Oxygen Saturation
98%

MyChart®

MyChart is an online portal that lets you communicate with your care team and access your electronic medical record. At your next visit, ask how you can sign up. It's free!

Allergies

No active allergies

Intolerance

No active intolerances/contraindications

Important Information

There may be times after you are discharged that your condition needs to be re-evaluated.
Call your doctor immediately, come to the **Emergency Department or call 911** if you experience:

- Difficulty breathing or unusual shortness of breath
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Your Child's Medication List

Your child has not been prescribed any medications.

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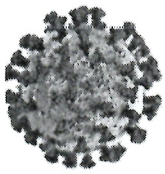

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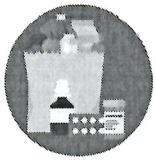

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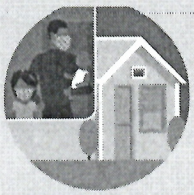

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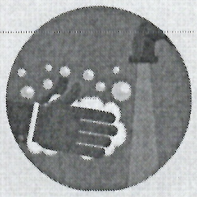

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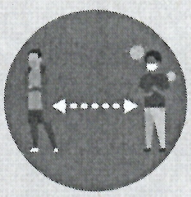

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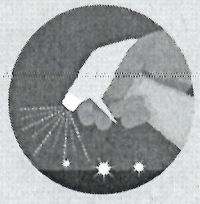

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